

# Courses At A Glance

Stettler Adult Learning Council

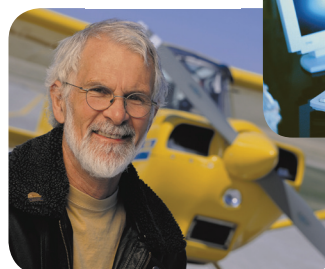
General Interest	Course Dates	Deadline(s)	Cost
National Food Safety Training Program	Sept. 27 & 28	Sept. 20	\$125
How to Coupon in Canada	Sept. 28	Sept. 21	\$10
Conversational Spanish	Sept. 28 - Nov. 16	Sept. 21	\$140
Staying Cool at Menopause	Oct. 4	Sept. 27	\$10
Acrylic Nails	Oct. 22 OR Nov. 13	Oct. 14 OR Nov. 4	\$750 gel, \$650 acrylic
Wills, Personal Directives & Power of Attorney	Nov. 1	Oct. 25	\$10
<b>Creative Arts</b>			
Theatre Workshop	Oct. 1	Sept. 23	\$60
Explore Jewelry Design	Oct. 11 & 18	Oct. 4	\$60
Introduction to Digital Photography	Oct. 13, 20 & 27	Oct. 6	\$60
Explore Watercolor	Oct. 25 & Nov. 1	Oct. 18	\$55
Explore Oil Pastels	Nov. 2 & 9	Oct. 26	\$65
Explore Chalk Pastels	Nov. 16 & 23	Nov. 9	\$60
<b>Recreation</b>			
Core Stability (Pilates) Level 1	Sept. 14 - Dec. 14	Sept. 7	\$105 full, \$65 half
Core Stability (Pilates) Level 2	Sept. 14 - Dec. 14	Sept. 7	\$105 full, \$65 half
Hatha Yoga	Sept. 15 - Dec. 15	Sept. 8	\$150 full, \$90 half
Bellydancing	Sept. 20 - Nov. 22	Sept. 13	\$100
Recreational Volleyball	Oct. 17 - Dec. 12	Oct. 11	\$50
<b>Computers</b>			
Introduction to Computers	Oct. 3 & 17, Nov. 7 & 21, Dec. 5		
Facebook Marketing	Oct. 4 & 6	Sept. 27	\$55
Tips and Tricks for Word 2010	Oct. 18 & 20	Oct. 11	\$55
Organizing Digital Files	Oct. 25 & 27	Oct. 18	\$55
Tips and Tricks for Excel 2010	Nov. 1 & 3	Oct. 25	\$55
<b>Seniors Programs</b>			
Computers for Seniors I	Oct. 5 - 26	Sept. 28	\$50
Indoor Walking - Drop In	Oct. 17 - Dec. 15		\$1 per time
<b>First Aid</b>			
Emergency First Aid	Sept. 17, Oct. 22, Nov. 19, Jan. 14	Sept. 9, Oct. 14, Nov. 10, Jan. 6	\$100
Standard First Aid Level A or Level C w/AED	Sept. 17/18, Oct. 22/23, Nov. 19/20, Jan. 14/15	Sept. 9, Oct. 14, Nov. 10, Jan. 6	\$140, \$150

Stettler Adult Learning Council



*What did you learn today?*

*We are dedicated to providing lifelong learning opportunities for adults.*



*Stettler Adult Learning Council is a non-profit, community based organization funded in part by Alberta Advanced Education and Technology.*