



## Special Thanks to Our partners!



A special thanks to our partners TD Bank and ABC Literacy who have helped us deliver our Money Matters programming.

Without them, we would not have the success that we have. More importantly, we were able to educate and share strategies on how to plan, budget, and save money.

We are so happy to have someone take time out of their day to help us promote lifelong learning in the community!

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## Mark Your Calendars

Please take note of these key dates



*Happy Family Day*

- February 6th
  - Budget Minded Meals  
2 pm – 3:30 pm
- February 10th – 13th
  - Employment Workshop  
9 am – 3 pm
- February 12th
  - Device Drop-In with Allison  
1:30 pm – 3:30 pm
- February 17th
  - Closed
- February 25th
  - Come for a Byte  
11 am – 1 pm  
Stettler Recreation Centre,  
Board Room
- February 27th
  - Nutrition for Vitality  
10:30 am – 12 pm

# Math Study Group

Mondays from 3–4pm

FREE

## Prep for a career in Trades or get your CAEC

**Are you interested in making more money? Are you hoping to explore new opportunities?**

Our Free Math Drop-In Sessions might be the right opportunity for you!

Our Math Drop-In Sessions are designed to help you earn your CAEC, enter the trades, or strengthen your foundational skills for employment? !

Whether you're starting from scratch or just need some extra support, our friendly tutor will be available to guide you every step of the way. No registration required – just drop by!

Come boost your confidence and skills in a relaxed, supportive environment. See you there!



## VOLUNTEERS WANTED

Are you looking for a way to make a difference in your community? Your kindness and time are greatly wanted in our community.

We are seeking friendly people who want to make a difference in the lives of people in town. There are many ways to help.

**Volunteer Tutors** help adult learners with their foundational learning needs. If you enjoy math, reading, writing, or even teaching English as a second language, your skills can really help someone else.

**Volunteer Committee** help us make better decisions and guide our organization to make better decisions. If you want to get involved with our programming, ongoing communication and to deal with some of the administrative decisions,

So why not step up and join us? Become a tutor or even a committee member, and be part of something meaningful. Let's work together to support our community and learn from each other. Your time and effort makes a lasting impact on learners.



# EVENTS

## BUDGET MINDED MEALS

Thursday, Feb. 6th

2-3:30pm

Registration Fee: \$5  
Financial Assistance Possible

In Partnership with:  
 Alberta Health  
Services

**Looking to eat healthy on a budget? Want to simplify your meal plans?**

Join AHS dietitian and intern for a session where we'll show you how to prioritize both nutrition and savings. Get practical tips and guidance to make healthy eating easier and more affordable!



## NUTRITION FOR VITALITY INFORMATION SESSION

Thursday, Feb. 27th

10:30 am-12:00 pm

Registration Fee: \$5  
Financial Assistance Possible

In Partnership with:  
 Alberta Health  
Services

**Join AHS Registered Dietitian and Intern for an informative session on eating well for energy and continued health and independence.**

*Continued on next page*

Topics will include meal planning, cooking for 1 and 2 and focused nutrients for adults 50+. You are invited to complete an optional self-screen to examine ways to enhance your nutrition and overall health.



# FREE DIGITAL DROP-IN

FRIDAYS  
10 AM - 12 PM



IMPROVE YOUR DIGITAL SKILLS.  
LEARN MORE HOW TO NAVIGATE YOUR CELL PHONE, TABLET OR COMPUTER

## BOOKKEEPING Basics

REGISTER  
NOW!



March 4, 6, 11 & 13

Thursdays

5:30-8:00pm

Registration Fee: \$115

(Includes Workbooks)

\*\*\*Subsidies available\*\*\*

### Topics:

- Organizing and managing accounts payable and receivable.
- Basics of financial statements, balance sheets and income statements.
- Tracking income, expenses, and financial transactions.
- and more...!

Registration Deadline: February 27, 2025

For more information:

Contact us at: 403.742.6700  
Send a message to: [admin@stettlerlearning.com](mailto:admin@stettlerlearning.com)



## DEVICE DROP-IN WITH ALLISON

Recently get a new Device?  
Have questions about your phone or tablet?  
No question is too big or small.  
Allison will be there to guide you through.

**February 12th**  
**1:30-3:30pm**

### Learn about:

- ✓ Settings
- ✓ Apps
- ✓ Connecting
- ✓ Troubleshooting


# EMPLOYMENT PREPARATION WORKSHOP

## Learn how to:

- Manage job transition and change.
- Create a winning resume and cover letter.
- Answer interview questions.
- Set goals for your future.
- Network with your community.

 9:00am - 3:00pm

 February 10th - 13th

 4911 - 51 Street  
[admin@stettlerlearning.com](mailto:admin@stettlerlearning.com)  
403-742-6700



**REGISTER NOW**

**THE DOOR TO LEARNING IS ALWAYS OPEN!**

## CANADIAN ADULT EDUCATION CREDENTIAL



The Stettler Adult Learning  
Centre is a **CAEC Testing site**

## INTERESTED IN TRADES?

Want to make more money?

Want a trade but need to upgrade?



Apprenticeship &  
Industry Training (AIT)  
Entrance Exam

These online, self-directed courses are developed to help you learn the skills required to be successful in passing the Alberta Apprenticeship & Industry Training Entrance Exam.

## Come for a Byte

Join us to explore navigating your device and staying safe online.

**When:** February 25, and March 25  
from 11 - 1 pm

**Where:** Stettler Recreation Centre,  
Board Room